

# **The Church of Christ The King**

ANGLICAN DIOCESE OF BARBADOS

ROCK DUNDO PARK, ST. MICHAEL BB12006

BISHOP: The Rt. Rev. Michael Bruce St. John Maxwell

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*Website: [www.christthekingbb.org](http://www.christthekingbb.org) or [www.christthekingbb.com](http://www.christthekingbb.com)*

**8:00 a.m. Sung Eucharist & Sermon**



***Sunday, August 16, 2020***

***Eleventh Sunday After Pentecost***

***A Rising Church: Embracing A Bold Vision***

***To experience and share God's reconciling love***

## THE CHURCH OF CHRIST THE KING

Established 1974

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Ms. Cathyann Prescod

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Ms. Quenzel Tudor

Sexton:

## WELCOME TO EVERYONE

*Please take a moment to TURN OFF all cell phones as the signal interferes with our sound system.*

*Thank you.*

*Our Head Usher for today is Mrs. Lydia Jemmott.*

## Welcome to the church of Christ the King

Welcome to the church of Christ the King. At Christ the King we offer not only balance and intelligence but a joyful and uplifting worship experience. We hope that you will feel God's presence among us and that you will be filled with His power and His peace!

# Sung Eucharist & Sermon

## ORDER OF SERVICE

### **Welcome:**

**Leader:** The Lord be with you

All: And also with you.

### **Introduction of Service:**

The Leader welcomes the congregation and introduces the service.

**Leader:** Let us Pray together the Collect for Purity: **Page 101 (BCP)**

Almighty God, to you all hearts are open, all desires known and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. **Amen**

### **Opening Prayer:**

**Introit Hymn: CH 392**

1. When morning gilds the skies,  
my heart awaking cries,  
may Jesus Christ be praised:  
alike at work and prayer  
to Jesus I repair;  
may Jesus Christ be praised.
2. Whene'er the sweet church bell  
peals over hill and dell,  
may Jesus Christ be praised:  
O hark to what it sings,  
as joyously it rings,  
may Jesus Christ be praised.

3. My tongue shall never tire  
of chanting with the choir,  
may Jesus Christ be praised:  
this song of sacred joy,  
it never seems to cloy,  
may Jesus Christ be praised.
4. Does sadness fill my mind?  
A solace here I find,  
may Jesus Christ be praised:  
or fades my earthly bliss?  
My comfort still is this,  
may Jesus Christ be praised.
5. The night becomes as day,  
when from the heart we say,  
may Jesus Christ be praised:  
the powers of darkness fear,  
when this sweet chant they hear,  
may Jesus Christ be praised.
6. Be this, while life is mine,  
my canticle divine,  
may Jesus Christ be praised:  
be this the eternal song  
through ages all along,  
may Jesus Christ be praised.

**Opening Sentence:**

**Page 99 (BCP)**

### **Pentecost**

When the Spirit comes, whom I shall send to you from the Father, even the Spirit of truth, who proceeds from the Father, he will bear witness to me; and you also are witnesses, because you have been with me from the beginning. *John 15:26,27*

**Acclamation:**

**Page 101 (BCP)**

**PRESIDENT:**

Blessed be God: Father, Son and Holy Spirit.  
Alleluia! Alleluia!

**ALL**

**And blessed be His Kingdom, now and forever. Amen.**  
**Alleluia! Alleluia!**

**Prayer of Intent:**

**Page 101 (BCP)**

**ALL**

**Blessed Lord and Father, we have assembled in your name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.**

**THE KYRIES:**

**Page 102 (BCP)**

Lord, have mercy.  
**Lord, have mercy.**

Christ, have mercy.  
**Christ, have mercy.**

Lord, have mercy.  
**Lord, have mercy.**

**GLORIA IN EXCELSIS**

**Page 102 (BCP)**

**Glory to God in the highest,  
and peace to his people on earth.**  
**Lord God, heavenly King,  
almighty God and Father,**

**we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,**

**you take away the sin of the world:**

**have mercy on us;**

**you are seated at the right hand of the Father:**

**receive our prayer.**

**For you alone are the Holy One;**

**you alone are the Lord;**

**you alone are the Most High,**

**Jesus Christ, with the Holy Spirit,**

**in the glory of God the Father. Amen.**

**THE COLLECT: Eleventh Sunday after Pentecost: Proper 15 - Page 177 (BCP)**

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of His redeeming work, and to follow daily in the blessed steps of His most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

## **MINISTRY OF THE WORD**

**1st Lesson: Genesis 45:1-15**

Mr. Maurice Gaskin

**READER: A reading from the word of God, written in Genesis Chapter 45 beginning to read at the 1<sup>st</sup> verse.**

Then Joseph could no longer control himself before all those who stood by him, and he cried out, "Send everyone away from me." So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come

closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there--since there are five more years of famine to come--so that you and your household, and all that you have, will not come to poverty. And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.'" Then he fell upon his brother Benjamin's neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

*The word of the Lord*

***ALL : Thanks be to God***

## **Psalm 133**

**Page 648 (BCP)**

***(congregation remain seated)***

1. Oh, how good and pleasant it is, \* when brethren live together in unity!
2. It is like fine oil upon the head \* that runs down upon the beard,
3. Upon the beard of Aaron, \* and runs down upon the collar of his robe.
4. It is like the dew of Hermon \* that falls upon the hills of Zion.
5. For there the LORD has ordained the blessing: \* life for evermore.

Glory be to the Father, and to the Son: \* and to the Holy Spirit

As it was in the beginning is now \* and ever shall be, world without end.... **Amen**

## 2nd Lesson: Romans 11:1-2a, 29-32

Ms. Marianne Greenidge

**READER: A reading from the word of God, written in Romans Chapter 11, beginning to read at the 1<sup>st</sup> verse.**

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

*The word of the Lord*

***ALL : Thanks be to God***

### **Gradual Hymn: CH 350**

1. There's a wideness in God's mercy  
like the wideness of the sea;  
there's a kindness in his justice,  
which is more than liberty.  
There is welcome for the sinner,  
and more graces for the good;  
there is mercy with the Saviour;  
there is healing in his blood.
2. There is no place where earth's sorrows  
are more felt than up in heaven;  
there is no place where earth's failings  
have such kindly judgement given.  
There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.

*(Final verse after Gospel)*

**The Gospel:                    Matthew 15:(10-20), 21-28**

*(Congregation remain standing for the Gospel)*

**PRIEST:**                    The Lord be with you

**ALL:**                         **And also with you**

**PRIEST:**                    The Holy Gospel according to Matthew Chapter 15  
beginning to read at the 10<sup>th</sup> verse

**ALL :**                         **Glory to Christ our Saviour**

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile." Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

*PRIEST :This is the Gospel of Christ*

*ALL: Praise to Christ our Lord*

***Gradual Hymn: CH 350 (Final Verse)***

3. For the love of God is broader  
than the measure of the mind;  
and the heart of the Eternal  
is most wonderfully kind.  
If our love were but more faithful,  
we should take him at his word;  
and our life would be thanksgiving  
for the goodness of the Lord.

**THE SERMON:**

**REFLECTION:**

**The Nicene Creed**

**Page 104 (BCP)**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen or unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
one in Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he was born of the Virgin Mary,  
and became man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered, died and was buried.**

**On the third day he rose again  
in fulfilment of the Scriptures;  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father.  
With the Father and the Son  
he is worshipped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic  
and apostolic Church.**

**We acknowledge one baptism  
for the forgiveness of sins.**

**We look for the resurrection of the dead.  
and the life of the world to come.**

**Amen.**

## **The Bidding Prayer:**

**The Intercessions: Form E Page 112 (BCP)** Ms. Leyra Scantlebury

LEADER

Let us pray for the fellowship of the Church of Christ, and for all God's creatures.

LEADER

With all who confess the name of Jesus, as Lord and Saviour, we offer our prayers  
and praises, in Spirit and in truth.

Father in Heaven,

**ALL: Hear our prayer.**

LEADER

With Jesus Christ, our Great High Priest, who ever lives to intercede for us, we uphold all ministers of God's Word and Sacraments, that they may fulfill their high calling in the faith.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

We pray for the unfailing guidance of the Holy Spirit on those who are called to interpret and expound the will of the Lord to others.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

We pray for all organizations, within the fellowship of the Body of Christ, that their work may edify the people of God, and bear faithful witness to the Gospel.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

We pray for all persons who do not share our confession of faith, that with courage, truth and love we may work together with them, and promote the common good.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

For the leaders of our country, and all who make decisions on our behalf, that they may be guided by the Spirit, to direct our affairs in righteousness and peace.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

For our Judges, Magistrates and all who administer justice, that in all things they may seek to do your will, and to protect the rights and freedom of your people. Father in Heaven.

**ALL: Hear our prayer.**

LEADER

In our schools, and in all other places of learning, may true knowledge, sound wisdom, and godly discipline ever be found.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

To the poor, the hungry, the unemployed, and all victims of persecution and discrimination of any kind, may God in Christ help us all to bring relief, justice and protection.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

To all who suffer now from pain and disease, from human discomfort and misery, may God in Christ bring healing and joy, for the renewal of their faith.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

That we may use aright the fullness of the Earth, that our pursuits in science, and the advancement of our skills, may ever be in service of that true humanity, which is created in the image of God.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

That we may never become slaves of money, or of the lust for power, but may rather strive for victory through the power of love.

Father in Heaven.

**ALL: Hear our prayer.**

LEADER

That with all who belong to the communion of saints, both living and departed, we may ever rejoice in the blessed assurance of that hope, which has been won for us in Christ.

Father in Heaven.

**ALL: Receive these our prayers in the name of your dear Son, even Jesus Christ our Lord. Amen.**

## ACT OF PENITENCE

Page 123 (BCP)

PRESIDENT

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

*A period of silence shall be kept.*

PRESIDENT

Let us therefore confess our sins.

**FORM A**

**Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen***

**FORM B**

**Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen*.**

**THE ABSOLUTION**

Page 124 (BCP)

PRESIDENT

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**ALL:           Amen.**

# THE GREETING OF PEACE

Page 124/125 (BCP)

## FORM A

PRESIDENT

We are the body of Christ. By the one Spirit we were all baptized into one body. and have all been made to drink of the one Spirit.

**ALL**

**Let us then pursue the things that make for peace and build up the common life.**

## FORM B

PRESIDENT

If you are offering your gift at the altar, and there remember that your brother has something against you,

**ALL**

**Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.**

## FORM C

PRESIDENT

The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

**ALL**

**They who thus serve Christ are acceptable to God and approved by others.**

*The President shall then greet the congregation.*

PRESIDENT

The peace of the Lord be always with you.

**ALL And also with you.**

*The President and people shall greet one another in the name of the Lord.*

## The Peace Song:

### Offertory Hymn: CH 496

1. And can it be that I should gain  
an interest in the Saviour's blood?  
Died he for me, who caused his pain  
For me, who him to death pursued?  
Amazing love! How can it be,  
That Thou, my God, shouldst die for me!  
Amazing love! How can it be,  
that thou, my God, shouldst die for me!
  
2. 'Tis mystery all: th'Immortal dies:  
Who can explore his strange design?  
In vain the first-born seraph tries  
to sound the depths of love divine.  
'Tis mercy all! Let earth adore,  
Let angel minds inquire no more.  
'Tis mercy all! Let earth adore,  
Let angel minds inquire no more.
  
3. He left his Father's throne above  
so free, so infinite his grace  
emptied himself of all but love,  
and bled for Adam's helpless race:  
'Tis mercy all, immense and free,  
for O my God, it found out me!  
'Tis mercy all, immense and free,  
for O my God, it found out me!
  
4. Long my imprisoned spirit lay,  
fast bound in sin and nature's night;  
thine eye diffused a quickening ray—  
I woke, the dungeon flamed with light;  
my chains fell off, my heart was free,  
I rose, went forth, and followed thee.  
My chains fell off, my heart was free,  
I rose, went forth, and followed Thee.

*(Final verse after the Offertory Prayer)*

## The Offertory Prayer:

Page 126 (BCP)

PRESIDENT AND PEOPLE,

**Father, we offer to you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.**

## The Offertory Hymn: *CH 496 (Final Verse)*

5. No condemnation now I dread;  
Jesus, and all in Him, is mine;  
Alive in Him, my living Head,  
and clothed in righteousness divine.  
Bold I approach th'eternal throne,  
and claim the crown, through Christ my own.  
Bold I approach th'eternal throne,  
and claim the crown, through Christ my own.

## THE EUCHARIST

### Sursum Corda: (The Lord be with you)Page 126/127 (BCP)

PRESIDENT            The Lord be with you.  
ALL                    **And also with you.**

PRESIDENT            Lift up your hearts.  
ALL                    **We lift them up to the Lord.**

PRESIDENT            Let us give thanks to the Lord our God.  
ALL                    **It is right to give God thanks and praise.**

PRESIDENT

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father Almighty, everlasting God:

## **The Proper Preface: (Pentecost)**

**Page 128 (BCP)**

Through Jesus Christ our Lord. In fulfilment of his true promise, the Holy Spirit came down (on this day) from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

## **Sanctus: (Holy, Holy, Holy)**

**Page 131 (BCP)**

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

**ALL**

**Holy, holy, holy, Lord,**

**God of power and might;**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord.**

**Hosanna in the highest!**

## **The Eucharistic Prayer : B**

**Page 135 (BCP)**

**PRESIDENT**

Holy and gracious Father,

all creation rightly gives you praise.

All life, all holiness, comes from you

through your Son, Jesus Christ our Lord,

whom you sent to share our human nature,

to live and die as one of us,

to reconcile us to you, the God and Father of all.

We therefore bring you these gifts,  
and we ask you to make them holy  
by the power of your Spirit,  
that they may become the Body and Blood of your Son,  
our Saviour Jesus Christ,  
who offered Himself in obedience to your will,  
the Perfect Sacrifice for all mankind.

On the night he was betrayed, he took bread,  
and when he had given thanks to you,  
He broke it and gave it to his disciples and said:

"Take this and eat it:

"This is my Body which is given for you.

"Do this for the remembrance of me."

After supper he took the cup of wine  
and when he had given thanks  
He gave it to them and said:

"Drink this, all of you:

"This is my Blood of the New Covenant,

"Which is shed for you and for many

"for the forgiveness of sins.

"Do this, whenever you drink it,

"For the remembrance of me."

*One of the following Acclamations shall be said:*

**ALL**

**When we eat this Bread and drink this Cup, we  
proclaim the death of Christ until he comes again.**

*or*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*or*

**Christ Jesus is Lord.**

**He has set us free from the law of sin and death:**

**In his name alone is our salvation.**

**PRESIDENT**

Father, calling to mind the death your Son  
endured for our salvation;

His Glorious Resurrection and Ascension;

His continual intercession for us in heaven;

and looking for His coming again in glory,

we offer you, in thanksgiving,

this holy and life-giving sacrifice.

Look with favour on your Church's offering,  
and grant that we who eat and drink these holy gifts

may be filled with your Holy Spirit

and become one body in Christ,

and serve you in unity, constancy and peace.

May He make us a perpetual offering to you  
and enable us, in communion with  
blessed Mary and the whole company of heaven,  
to share in the inheritance of your saints.  
With Him, and in Him, and through Him,  
by the power of the Holy Spirit,  
we worship you, Father Almighty,  
with all who stand before you in earth and heaven  
in songs of everlasting praise:

**ALL**

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## **THE LORD'S PRAYER**

**Page 144 (BCP)**

PRESIDENT

As our Saviour has taught us, so we pray:

**ALL**

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

Page 145 (BCP)

*One of the following may be used*

PRESIDENT

We break this bread to share in the body of Christ.

ALL

**Though we are many, we are one body, because we all share in one bread.**

or

PRESIDENT

God of promise, You have prepared a Banquet for us.

ALL

**Happy are those who are called to the supper of the Lamb.**

or

PRESIDENT

This is the true bread which comes from heaven.

ALL

**Whoever eats this bread will live forever.**

## **The Agnus Dei: (Lamb of God)**

Page 147 (BCP)

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
have mercy on us.**

**Lamb of God, you take away the sin of the world:  
grant us peace.**

*or*

**Jesus, Lamb of God: have mercy on us.**

**Jesus, bearer of our sins: have mercy on us.**

**Jesus, redeemer of the world: give us your peace.**

# INVITATION TO COMMUNION      Page 145/146 (BCP)

## FORM A

PRESIDENT

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

**ALL**

**Grant gracious Lord, that we may so eat the flesh of your dear Son, Jesus Christ and drink His blood, that we may evermore dwell in Him and He in us. Amen.**

## FORM B

PRESIDENT

The Gifts of God for the People of God.

**ALL**

**Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.**

## FORM C

PRESIDENT

Draw near and receive the Body and blood of our Saviour Jesus Christ with faith and thanksgiving.

**ALL**

**We do not presume to come to this your table, most merciful Father, trusting in our own righteousness, but only in your boundless mercy. We are not even worthy to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore Lord of grace and love that we may so eat the flesh of your dear Son Jesus Christ and drink his blood that with bodies and souls made clean from every stain of sin we may evermore dwell in him, and he in us.**

## The Administration of Communion:

*During the service your mask must be worn at all times and should cover both your nose and your mouth. If you are receiving Holy Communion, after turning away from the Celebrant, simply slip your mask up to consume the Host and replace immediately. Your hands will be sanitized afterwards.*

### Communion Hymn: CH 585

1. Dearest Jesu, we are here,  
at thy call, thy presence owning;  
pleading now in holy fear  
that great sacrifice atoning:  
Word incarnate, much in wonder  
on this mystery deep we ponder.
2. Jesu, strong to save - the same  
yesterday, today, for ever –  
make us fear and love thy name,  
serving thee with best endeavour:  
in this life, O ne'er forsake us,  
but to bliss hereafter take us.

### Communion Hymn: CH 595

1. I am the bread of life;  
they who come to me shall not hunger;  
they who believe in me shall not thirst.  
No one come to me unless the Father draw them.

#### ***Refrain:***

*And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.*

2. The bread that I will give is my flesh  
for the life of the world,  
and they who eat of this bread,  
they shall live for ever.

**Refrain:**

*And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.*

3. Unless you eat of the flesh of the Son of Man  
and drink of his blood,  
you shall not have life within you,  
you shall not have life within you.

**Refrain:**

*And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.*

4. I am the resurrection, I am the life;  
they who believe in me,  
even if they die,  
they shall live for ever.

**Refrain:**

*And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.*

5. Yes, Lord we believe  
that you are the Christ,  
The Son of God  
who has come into the world.

**Refrain:**

*And I will raise them up,  
and I will raise them up,  
and I will raise them up on the last day.*

*One of the following shall be used*

**ALL**

**Almighty Father,  
we thank you for feeding us  
with the Body and Blood  
of your Son Jesus Christ.  
May we who share His Body  
live His risen life; we who drink His cup  
bring life to others;  
we upon whom your Spirit shines give light to the world.  
Help us to continue in faithful witness to your Word,  
so we and all your children shall be free,  
and the whole earth live to praise your Name,  
through Christ our Lord. Amen.**

*or*

**Eternal God and Heavenly Father,  
we thank you for feeding us  
with the Body and Blood of your Son Jesus Christ.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you and all persons in you,  
with gladness and singleness of heart,  
through your Son Jesus Christ our Lord. Amen**

*or*

**Almighty and everliving God,  
we thank you for feeding us  
with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members  
of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you as faithful witnesses  
of Christ our Lord.  
To Him, to you, and to the Holy Spirit,  
be honour and glory, now and for ever. Amen**

### **Final Blessing (Pentecost)**

**Page 151 (BCP)**

The spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and to proclaim the word and works of God; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

**ALL Amen.**

### **Additional Notices and Announcements:**

*Prayers for the Scottish Episcopal Church*

*The Most Revd Mark Strange - Primus of the Scottish Episcopal Church & Bishop of Moray, Ross & Caithness*

## Hymn of Eucharistic Thanksgiving: RH 644

1. What a wonderful change in my life has been wrought  
Since Jesus came into my heart;  
I have light in my soul for which long I have sought,  
Since Jesus came into my heart.

***Refrain:***

*Since Jesus came into my heart,  
Since Jesus came into my heart;  
Floods of joy o'er my soul like the sea billows roll,  
Since Jesus came into my heart.*

2. I have ceased from my wand'ring and going astray,  
Since Jesus came into my heart;  
And my sins which were many are all washed away,  
Since Jesus came into my heart.

***Refrain:***

*Since Jesus came into my heart,  
Since Jesus came into my heart;  
Floods of joy o'er my soul like the sea billows roll,  
Since Jesus came into my heart.*

3. I'm possessed of a hope that is steadfast and sure,  
Since Jesus came into my heart;  
And no dark clouds of doubt now my pathway obscure,  
Since Jesus came into my heart.

***Refrain:***

*Since Jesus came into my heart,  
Since Jesus came into my heart;  
Floods of joy o'er my soul like the sea billows roll,  
Since Jesus came into my heart.*

4. There's a light in the valley of death now for me,  
Since Jesus came into my heart;  
And the gates of the City beyond I can see,  
Since Jesus came into my heart.

***Refrain:***

*Since Jesus came into my heart,  
Since Jesus came into my heart;  
Floods of joy o'er my soul like the sea billows roll,  
Since Jesus came into my heart.*

5. I shall go there to dwell in that City I know,  
Since Jesus came into my heart;  
And I'm happy, so happy as onward I go,  
Since Jesus came into my heart.

***Refrain:***

*Since Jesus came into my heart,  
Since Jesus came into my heart;  
Floods of joy o'er my soul like the sea billows roll,  
Since Jesus came into my heart.*

## **DISMISSAL**

**PRESIDENT:**

The Lord be with you

**ALL:**

**And also with you.**

**PRESIDENT**

Go in peace to love and serve the Lord.

**ALL:**

**In the name of Christ. Amen.**

*Know that our lives are the Lord's!*

*If you were blessed and enjoyed our service*

*Tell and bring others*

*Help them experience God's reconciling*

*Love for themselves and then share it with others.*

## A BREATHING PRAYER

### WHAT IS IT?

A form of contemplation and a way to cultivate silence and attention. **The Desert Mothers and Fathers** would take a short excerpt of Scripture (any may be used), breathing in with the first part of the text and breathing out with the next, repeating this pattern for extended periods of time.

### WHY USE A BREATHING PRAYER RHYTHM?

You're participating in a deep work of the Holy Spirit. **You're...**

**Directing your thoughts** onto God's Word

**Committing to the Father** your desires for the situation you are stressed about  
**Abandoning the outcomes** of this circumstance to the Sovereign Lord who loves you

**Letting go of control** to "Let the peace of Christ rule in your heart" (Colossians 3:15).

**On the cross Jesus let go** of everything and abandoned all outcomes to the Father.

To help him do this, he prayed a line from Psalm 31:5 to his Abba. Our practice Scripture for this morning: "**Father, into your hands I commit my spirit**" (Luke 23:46).

**This is a prayer** of submission to God that expresses how Jesus lived everyday of his life (John 5:19). We can apply this little prayer to any situation in our lives with powerful effects. **The Father's love was enough for Jesus on the cross and it is enough for us in our trials! You can use your Breath Prayer to help you stay in conscious contact with God throughout the day, to "pray without ceasing" (1 Thessalonians 5:17).**

*Please note that for your personal reading this Breathing Prayer can be found on the below site:*

*[asacredjourney.net](http://asacredjourney.net)*

*Persons are free to do their own readings in this regard.*

# Happy Birthday

*Mrs. Daphne Welch      Sunday    August 16*  
*Mrs. Eugene Best        Tuesday   August 18*  
*Mrs. Pamela Jordan      Thursday August 20*  
*Mrs. Patricia Sobers     Friday     August 21*

## Happy Anniversary



*Mr. Maurice & Mrs. Lisa Gaskin                      Wednesday August 19 (20 yrs)*  
*Mr. Michael & Mrs. Shirlene Archer                Friday        August 21 (47 yrs)*  
*Mr. Michael Small & Mrs. Sandra Bruce-Small    Friday        August 21 (16 yrs)*  
*Mr. Aidan & Mrs. Carla Rogers                      Friday        August 21 (16 yrs)*

### Our Prayer List

Please remember and pray for those who are travelling.  
Please remember and pray for those who are in hospital:  
Please remember and pray for those who are recuperating:

#### **Please remember those who have requested the prayers of the Church:**

*Melville Callender, Sophia King, Dorothy Pilgrim, Beresford & Mrs. Moseley, Cynthia Wilson, Margo Hamblin, Norma Douglas, Grafton Brathwaite, Cecile Isaacs, Monica Downes, Edlin Chandler, Joyce Clarke, Bernard Sealey, Itheil (Jimmy) Adams, Mr. & Mrs. Sylvester Jones, Seibert Scantlebury, Henderson Hinds, Elsie Clarke, Alexis Alleyne.*

#### **Please remember and pray for those who are sick & shut-in:**

*Omata Allamby, Erma Babb, Eric Best, Grafton Brathwaite, Marjorie McCollin, Marge Walke, Maureen Workman, Patricia Lorde (Snr.), Agnes Mars, Anita Skeete, Carmen Shepherd, Karmina Lavine, Rosemary Gooding-Carmichael.*

#### **Please remember and pray for those who grieve:**

*The family of the late Ilene Foster; Lois Ince & Family on the death of her husband Carl Ince; The family of the late Isolene Mason; Janice Howell & Family on the death of her husband Osford Howell; Corwin Fitt & Family on the death of his wife Joyce Fitt;*

***Please remember that the deadline for information to be included in the Sunday Bulletin is on Wednesday, 3:00 p.m. so this can be programmed into the Electronic Ministry System.***

**NEXT SUNDAY, 23 AUGUST, 2020**  
**TWELFTH SUNDAY AFTER PENTECOST**  
**PROPER 16A**

**8:00 a.m. SUNG MASS & Sermon**  
**NO SUNDAY SCHOOL**

**READINGS:**

**Genesis Exodus 1: 8-2: 10 / Psalm 124 / Romans 12: 1-8**

**Gospel: Matthew 16: 13-20**

**NEW DATE**

**RESCHEDULED**

The Choir of The Church Of Christ The King  
Invites you to their  
*Annual FISH FRY*

**SATURDAY, 26 SEPTEMBER, 2020**  
**4 p.m.**

**on the Church grounds**

**TICKETS: Adults \$25**

**Children \$15**

**COVID 19 PROTOCOLS WILL BE FOLLOWED**