

The Church of Christ The King

ANGLICAN DIOCESE OF BARBADOS

ROCK DUNDO PARK, ST. MICHAEL BB12006

BISHOP: The Rt. Rev. Michael Bruce St. John Maxwell

PRIEST - IN - CHARGE: *The Rev. Fr. Robert Luther C. Johnson*

Website: www.christthekingbb.org or www.christthekingbb.com

8:00 a.m. Sung Eucharist & Sermon



Flashback

Mrs. Jay awarding kite flying prizes

Sunday, March 24, 2019

Third Sunday In Lent

Celebrating Our Spirituality

To experience and share God's reconciling love

THE CHURCH OF CHRIST THE KING

Established 1974

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Organist & Choir Dir.:

Ms. Cathyann Prescod

Parish Secretary:

Ms. Quenzel Tudor

Sexton:

WELCOME TO EVERYONE

**Please take a moment to TURN OFF all cell phones as the signal interferes with our sound system.
Thank you.**

Our Head Usher for today is Ms. Sandy Benskin.

Worship Tips & Gentle Reminders

During the Eucharist whenever the Priest and the Eucharistic Minister go into the congregation to administer the Blessed Sacrament, the sanctuary bells are rung. This signals that the sacrament is to be administered in the congregation. The entire congregation should reverently bow in their places while the sacrament is being administered to persons who take their communion as they sit.

Sung Eucharist & Sermon

ORDER OF SERVICE

Welcome:

Leader: The Lord be with you

All: And also with you.

Introduction of Service:

The Leader welcomes the congregation and introduces the service. *(Please remember that the Alleluias after the acclamation are omitted during Lent.)*

Preparation:

And now as we prepare for worship, let us bow our heads and hearts before Almighty God in the words of our preparation.

*Fill the place, Lord, with your glory,
At this gathering of your own;
Reign in sovereign grace and power
From your praise-surrounded throne.*

*Fill the place, Lord, with your glory,
At this gathering of your own;
We exalt you, we adore you,
Thankful hearts now join as one.*

*You're the Christ, the King of glory,
Father's well beloved Son.
Fill the place, Lord, with your glory,
At this gathering of your own.*

Let us Pray together the Collect for Purity: **Page 101 (BCP)**

Almighty God, to you all hearts are open, all desires known and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. **Amen**

Opening Prayer:

Intriot Hymn: CH 122

1. O thou who dost to man accord
his highest prize, his best reward,
thou hope of all our race;
Jesus, to thee we now draw near,
our earnest supplications hear,
who humbly seek thy face.
2. With self-accusing voice within
our conscience tells of many a sin
in thought, and word, and deed:
O cleanse that conscience from all stain,
the penitent restore again,
from every burthen freed.
3. If thou reject us, who shall give
our fainting spirits strength to live?
'Tis thine alone to spare;
with cleansèd hearts to pray aright,
and find acceptance in thy sight,
be this our lowly prayer.
4. 'Tis thou hast blessed this solemn fast;
so may its days by us be passed
in self-control severe,
that, when our Easter morn we hail,
its mystic feast we may not fail
to keep with conscience clear.
5. O blessèd Trinity, bestow,
thy pardoning grace on us below,
and shield us evermore;
until, within thy courts above,
we see thy face, and sing thy love,
and with thy saints adore.

Opening Sentence:

Page 98 (BCP)

Lent

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1,2*

Acclamation:

Page 101 (BCP)

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

ALL

And blessed be His Kingdom, now and forever. Amen.

Prayer of Intent:

Page 101 (BCP)

ALL

Blessed Lord and Father, we have assembled in your name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

THE KYRIES:

Page 102 (BCP)

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

GLORIA IN EXCELSIS

Page 102 (BCP)

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

Lord Jesus Christ, only Son of the Father,

**Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;**

**you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT: Third Sunday in Lent: Page 164 (BCP)

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

MINISTRY OF THE WORD

1st Lesson: Exodus 3:1-15

Miss Decara Prescod

READER: A reading from the word of God, written in Exodus Chapter 3, beginning to read at the 1st verse.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, 'I must turn aside and look at this great sight, and see why the bush is not burned up.' When the LORD saw that he had turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.' Then he said, 'Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.' He said further, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God. Then the LORD said, 'I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites.

The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.’ But Moses said to God, ‘Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?’ He said, ‘I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.’ But Moses said to God, ‘If I come to the Israelites and say to them, “The God of your ancestors has sent me to you”, and they ask me, “What is his name?” what shall I say to them?’ God said to Moses, ‘I am who I am.’ He said further, ‘Thus you shall say to the Israelites, “I am has sent me to you.” ’ God also said to Moses, ‘Thus you shall say to the Israelites, “The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you”’: This is my name for ever, and this my title for all generations

The word of the Lord

ALL : Thanks be to God

Psalm 96

Page 594 (BCP)

(congregation remain seated)

1. Sing to the LORD a new song; * sing to the LORD, all the whole earth.
2. Sing to the LORD and bless his Name; * proclaim the good news of his salvation from day to day.
3. Declare his glory among the nations * and his wonders among all peoples.
4. For great is the LORD and greatly to be praised; * he is more to be feared than all gods.
5. As for all the gods of the nations, they are but idols; * but it is the LORD who made the heavens.
6. Oh, the majesty and magnificence of his presence! * Oh, the power and the splendor of his sanctuary!
7. Ascribe to the LORD, you families of the peoples; * ascribe to the LORD honor and power.
8. Ascribe to the LORD the honor due his Name; * bring offerings and come into his courts.
9. Worship the LORD in the beauty of holiness; * let the whole earth tremble before him.

10. Tell it out among the nations: "The LORD is King! * he has made the world so firm that it cannot be moved; he will judge the peoples with equity."
11. Let the heavens rejoice, and let the earth be glad; let the sea thunder and all that is in it; * let the field be joyful and all that is therein.
12. Then shall all the trees of the wood shout for joy before the LORD when he comes, * when he comes to judge the earth.
13. He will judge the world with righteousness * and the peoples with his truth.

Glory be to the Father, and to the Son:* and to the Holy Spirit
As it was in the beginning is now *and ever shall be, world without end....**Amen**

2nd Lesson: Ephesians 3:1-12

Mr. Christopher Brooks

READER: A reading from the word of God, written in Ephesians Chapter 3, beginning to read at the 1st verse.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

The word of the Lord

ALL : Thanks be to God

Gradual Hymn: CH 323

1. Lord, her watch thy church is keeping;
when shall earth thy rule obey?
When shall end the night of weeping?
When shall break the promised day?
See the whitening harvest languish,
waiting still the labourers' toil;
was it vain, thy Son's deep anguish?
Shall the strong retain the spoil?
2. Tidings, sent to every creature,
millions yet have never heard;
can they hear without a preacher?
Lord almighty, give the word:
give the word; in every nation
let the Gospel-trumpet sound,
witnessing a world's salvation
to the earth's remotest bound.

(Final verse after Gospel)

The Gospel: Matthew 28:16-20

(Congregation remain standing for the Gospel)

PRIEST: The Lord be with you

ALL: **And also with you**

PRIEST: The Holy Gospel according to Matthew Chapter 28
beginning to read at the 16th verse

ALL : **Glory to Christ our Saviour**

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

PRIEST :This is the Gospel of Christ

ALL: Praise to Christ our Lord

Gradual Hymn: *CH 323 (Final Verse)*

3. Then the end: thy church completed,
 all thy chosen gathered in,
 with their King in glory seated,
 Satan bound, and banished sin;
 gone for ever parting, weeping,
 hunger, sorrow, death, and pain:
 lo! her watch thy church is keeping;
 come, Lord Jesus, come to reign!

THE SERMON:

REFLECTION: *Rise in the strength of God*

*Rise in the strength of God,
and face life's uphill way,
The steps which other feet have trod
You tread to-day.*

*Press onward, upward still,
To win your way at last,
With better hope and stronger will
Than in the past, -*

*Life's work more nobly wrought,
Life's race more bravely run,
Life's daily conflict faced and fought,
Life's duty done.*

The Nicene Creed

Page 104 (BCP)

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead.
and the life of the world to come.**

Amen.

The Bidding Prayer:

The Intercessions: Form G Page 118 BCP Miss Ateikah Lockhart

In the course of the silence after each bidding, the people offer their own prayers, either silently or aloud.

LEADER

Brothers and Sisters, I ask your prayers for God's people throughout the world; for our Bishop for this gathering; and for all ministers and people.

Pray for the Church.

Silence

LEADER

Brothers and Sisters, I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

Silence

LEADER

Brothers and Sisters, I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

Silence

LEADER

Brothers and Sisters, I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

Silence

LEADER

Brothers and Sisters, I ask your prayers for the departed (especially _____).

Pray for those who have died.

Silence

LEADER

Members of the congregation may ask the prayers or the thanksgivings of those present.

Brothers and Sisters I ask your prayers for _____.

Brothers and Sisters I ask your thanksgiving for _____.

Silence

LEADER

Praise God for those in every generation in whom Christ has been honoured (especially _____ whom we remember today).

Pray that we may have grace to glorify Christ in our own day.

Silence

The President adds a concluding Collect.

CONCLUDING COLLECTS

For the concluding Collect, the President selects one of the following:

1

Lord, hear the prayers of *your* people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of *your* Name; through Jesus Christ our Lord.

Amen.

2

Heavenly Father, you have promised to hear what we asked in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

3

Almighty and eternal God, ruler of all things in heaven and earth: mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

4

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit, you live and reign, now and for ever. **Amen.**

5

Hasten, O Father, the coming of your Kingdom; and grant that we your servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

6

Almighty God, by your Holy Spirit you have made us one with your saints in heaven and on earth: Grant that in our earthly pilgrimage we may always be supported by this fellowship of love and prayer, and know ourselves to be surrounded by their witness to your power and mercy. We ask this for the sake of Jesus Christ, in whom all our intercessions are acceptable through the Spirit, and who lives and reigns for ever and ever. **Amen.**

ACT OF PENITENCE

Page 123 (BCP)

PRESIDENT

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT

Let us therefore confess our sins.

FORM A

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen*

FORM B

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

THE ABSOLUTION

Page 124 (BCP)

PRESIDENT

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL: Amen.

THE GREETING OF PEACE

Page 124/125 (BCP)

FORM A

PRESIDENT

We are the body of Christ. By the one Spirit we were all baptized into one body. and have all been made to drink of the one Spirit.

ALL

Let us then pursue the things that make for peace and build up the common life.

FORM B

PRESIDENT

If you are offering your gift at the altar, and there remember that your brother has something against you,

ALL

Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

FORM C

PRESIDENT

The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL

They who thus serve Christ are acceptable to God and approved by others.

The President shall then greet the congregation.

PRESIDENT

The peace of the Lord be always with you.

ALL And also with you.

The President and people shall greet one another in the name of the Lord.

Peace Song: Let there be love shared

*Let there be love shared among us
Let there be love in our eyes
May now Your love sweep this nation.
Cause us oh Lord to arise
Give us a fresh understanding
Of brotherly love that is real,
Let there be love shared among us,
Let there be love*

*Let there be peace shared among us
Let there be peace in our eyes
May now Your peace sweep this nation.
Cause us oh Lord to arise
Give us a fresh understanding
Of brotherly peace that is real,
Let there be peace shared among us,
Let there be peace*

*Let there be joy shared among us
Let there be joy in our eyes
May now Your joy sweep this nation.
Cause us oh Lord to arise
Give us a fresh understanding
Of brotherly joy that is real,
Let there be joy shared among us,
Let there be joy*

Offertory Hymn: CH 439

1. Stand up, stand up for Jesus,
ye soldiers of the cross!
Lift high his royal banner,
it must not suffer loss.
From victory unto victory
his army he shall lead,
till every foe is vanquished,
and Christ is Lord indeed

2. Stand up, stand up for Jesus!
The solemn watchword hear;
if while ye sleep he suffers,
away with shame and fear.
Where'er ye meet with evil,
within you or without,
charge for the God of battles,
and put the foe to rout.

3. Stand up, stand up for Jesus!
The trumpet call obey;
forth to the mighty conflict
in this his glorious day.
Ye that are men now serve him
against unnumbered foes;
let courage rise with danger
and strength to strength oppose.

4. Stand up, stand up for Jesus!
Stand in his strength alone;
the arm of flesh will fail you,
ye dare not trust your own.
Put on the Gospel armour,
each piece put on with prayer;
when duty calls or danger
be never wanting there.

(Final verse after the Offertory Prayer)

The Offertory Prayer:

Page 126 (BCP)

PRESIDENT AND PEOPLE,

Father, we offer to you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

The Offertory Hymn:

CH 439 (Final verse)

5. Stand up, stand up for Jesus!
The strife will not be long;
this day the noise of battle,
the next the victor's song.
To him that overcometh
a crown of life shall be;
he with the King of Glory
shall reign eternally.

..

THE EUCHARIST

Sursum Corda: (The Lord be with you) Page 126/127 (BCP)

PRESIDENT The Lord be with you.

ALL And also with you.

PRESIDENT Lift up your hearts.

ALL We lift them up to the Lord.

PRESIDENT Let us give thanks to the Lord our God.

ALL It is right to give God thanks and praise.

PRESIDENT

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father Almighty, everlasting God:

The Proper Preface: (Lent)

Page 128 (BCP)

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Sanctus: (Holy, Holy, Holy)

Page 131 (BCP)

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL

**Holy, holy, holy, Lord,
God of power and might;
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest!**

The Eucharistic Prayer C: Page 137 (BCP)

PRESIDENT

We give thanks to you Lord our God,
for the goodness and love you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.

For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.

In him, you have delivered us from evil,
and made us worthy to stand before you.

In him, you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.

For on the night he was betrayed
He took bread;
and when he had given thanks to you,
he broke it and gave it to his disciples,
and said, "Take this, and eat it:
this is my Body, which is given for you.
Do this for the remembrance of me."

After supper
He took the cup of wine;
and when He had given thanks,
He gave it to them and said,
"Drink this, all of you;
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT

Therefore, Father, according to his command,

ALL

We remember his death

We proclaim his resurrection

we await his coming in glory.

PRESIDENT

And we offer our sacrifice of praise
and thanksgiving to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God, to send
your Holy Spirit upon these gifts that
they may be the sacrament of the body
of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time, reconcile all things
in Christ, and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord, the firstborn
of all creation, the head of the Church,
and the author of our salvation.
By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours,
almighty Father, now and ever.

ALL: Amen

THE LORD'S PRAYER

Page 144 (BCP)

PRESIDENT

As our Saviour has taught us, so we pray:

ALL

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

THE BREAKING OF THE BREAD

Page 145 (BCP)

One of the following may be used

PRESIDENT

We break this bread to share in the body of Christ.

ALL

Though we are many, we are one body, because we all share in one bread.

or

PRESIDENT

God of promise, You have prepared a Banquet for us.

ALL

Happy are those who are called to the supper of the Lamb.

or

PRESIDENT

This is the true bread which comes from heaven.

ALL

Whoever eats this bread will live forever.

The Agnus Dei: (Lamb of God)

Page 147 (BCP)

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
grant us peace.**

FORM A

PRESIDENT

My brothers and sisters in Christ, draw near and receive His Body which He gave for you, and His Blood, which He shed for you. Remember that He died for you, and feed on Him in your hearts by faith with thanksgiving.

ALL

Grant gracious Lord, that we may so eat the flesh of your dear Son, Jesus Christ and drink His blood, that we may evermore dwell in Him and He in us. Amen.

FORM B

PRESIDENT

The Gifts of God for the People of God.

ALL

Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.

FORM C

PRESIDENT

Draw near and receive the Body and blood of our Saviour Jesus Christ with faith and thanksgiving.

ALL

We do not presume to come to this your table, most merciful Father, trusting in our own righteousness, but only in your boundless mercy. We are not even worthy to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore Lord of grace and love that we may so eat the flesh of your dear Son Jesus Christ and drink his blood that with bodies and souls made clean from every stain of sin we may evermore dwell in him, and he in us.

The Administration of Communion:

During the singing of the Communion Hymns, we invite to the Lord's Table all those persons who are communicant members in this church and in their respective churches. "Please remember to place your arms across your chest if you are taking communion by intinction, that is, by the Priest dipping the bread into the wine."

Communion Hymn: CH 393

1. Break thou the bread of life,
dear Lord, to me,
as thou didst break the loaves
beside the sea:
beyond the sacred page
I seek thee, Lord;
my spirit pants for thee,
O living Word!
2. Thou art the bread of life,
O Lord, to me,
thy holy word the truth
that saveth me.
Give me to eat and live
with thee above;
teach me to love thy truth,
for thou art love.
3. O send thy Spirit, Lord,
now unto me,
that he may touch my eyes,
and make me see:
show me the truth concealed
within thy word,
and in thy book revealed
I see thee, Lord.
4. Bless thou the truth, dear Lord,
to me, to me,
as thou didst bless the bread
by Galilee:
then shall all bondage cease,
all fetters fall,
and I shall find my peace,
my all in all!

Communion Hymn: CH 453

1. Make me a channel of your peace.
Where there is hatred let me bring your love;
where there is injury, your pardon, Lord;
and where there's doubt, true faith in you.

Refrain:

*O Master grant that I may never seek
so much to be consoled as to console;
to be understood as to understand;
to be loved, as to love with all my soul*

2. Make me a channel of your peace.
Where there's despair in life let me bring hope;
where there is darkness, only light;
and where there's sadness, ever joy.

Refrain:

*O Master grant that I may never seek
so much to be consoled as to console;
to be understood as to understand;
to be loved, as to love with all my soul*

3. Make me a channel of your peace.
It is in pardoning that we are pardoned,
in giving of ourselves that we receive;
and in dying that we're born to eternal life.

Refrain:

*O Master grant that I may never seek
so much to be consoled as to console;
to be understood as to understand;
to be loved, as to love with all my soul*

Communion Hymn: CH 536

1. O Master, let me walk with thee
in lowly paths of service free.
Tell me thy secret; help me bear
the strain of toil, the fret of care.

2. Help me the slow of heart to move
by some clear, winning word of love.
Teach me the wayward feet to stay,
and guide them in the homeward way.
3. Teach me thy patience: still with thee
in closer, dearer company,
in work that keeps faith sweet and strong,
in trust that triumphs over wrong;
4. In hope that sends a shining ray
far down the future's broadening way,
in peace that only thou canst give,
with thee, O Master, let me live.

Communion Hymn: CH 407

1. As the deer pants for the water
So my soul longs after You.
You alone are my heart's desire
And I long to worship You.

Refrain:

*You alone are my strength, my shield,
To you alone my spirit yield
You alone are my heart's desire
And I long to worship You.*

2. I want you more than gold or silver
Only you can satisfy.
You alone are the real joy-given
And the apple of my eye.

Refrain:

*You alone are my strength, my shield,
To you alone my spirit yield
You alone are my heart's desire
And I long to worship You.*

3. You are my Friend and you are my Brother
Even though you are a king.
I love you more than any other
So much more than anything.

Refrain:

*You alone are my strength, my shield,
To you alone my spirit yield
You alone are my heart's desire
And I long to worship You.*

Hymn for the Blessing & Recommitment: MP 881

Lord, I lift Your name on high
Lord, I love to sing Your praises
I'm so glad You in my life
I'm so glad You came to save us
*You came from heaven to earth
To show the way
From the earth to the cross
My debt to pay
From the cross to the grave
From the grave to the sky
Lord, I lift Your name on high*

Hymn for the Blessing & Recommitment: CH 664

1. Loving Shepherd of thy sheep,
keep thy lamb, in safety keep;
nothing can thy power withstand,
none can pluck me from thy hand.
2. Loving Saviour, thou didst give
thine own life that we might live,
and the hands outstretched to bless
bear the cruel nails' impress.
3. I would praise thee every day,
gladly all thy will obey,
like thy blessed ones above
happy in thy precious love.

4. Loving Shepherd, ever near,
teach thy Lamb thy voice to hear,
suffer not my steps to stray
from the straight and narrow way.
5. Where thou leadest I would go,
walking in thy steps below,
till before my Father's throne
I shall know as I am known.

POST COMMUNION PRAYER

Page 147/148 (BCP)

One of the following shall be used

ALL

**Almighty Father,
we thank you for feeding us
with the Body and Blood
of your Son Jesus Christ.
May we who share His Body
live His risen life; we who drink His cup
bring life to others;
we upon whom your Spirit shines give light to the world.
Help us to continue in faithful witness to your Word,
so we and all your children shall be free,
and the whole earth live to praise your Name,
through Christ our Lord. Amen.**

or

**Eternal God and Heavenly Father,
we thank you for feeding us
with the Body and Blood of your Son Jesus Christ.
Send us now into the world in peace,
and grant us strength and courage**

**to love and serve you and all persons in you,
with gladness and singleness of heart,
through your Son Jesus Christ our Lord. Amen**

or

**Almighty and everliving God,
we thank you for feeding us
with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members
of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses
of Christ our Lord.
To Him, to you, and to the Holy Spirit,
be honour and glory, now and for ever. Amen**

Final Blessing

Page 150 (BCP)

Lent

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

ALL Amen.

Additional Notices and Announcements:

Hymn of Eucharistic Thanksgiving: CH 325

1. Go forth and tell! O church of God, awake!
God's saving news to all the nations take;
proclaim Christ Jesus, Saviour, Lord, and King,
that all the world his worthy praise may sing.
2. Go forth and tell! God's love embraces all;
he will in grace respond to all who call:
how shall they call if they have never heard
the gracious invitation of his word?
3. Go forth and tell where still the darkness lies;
in wealth or want, the sinner surely dies:
give us, O Lord, concern of heart and mind,
a love like yours which cares for all mankind.
4. Go forth and tell! The doors are open wide:
share God's good gifts - let no one be denied;
live out your life as Christ your Lord shall choose,
your ransomed powers for his sole glory use.
5. Go forth and tell! O church of God, arise!
Go in the strength which Christ your Lord supplies;
go till all nations his great name adore
and serve him, Lord and king for evermore.

DISMISSAL

PRESIDENT:

The Lord be with you

ALL:

And also with you.

PRESIDENT

Go in peace to love and serve the Lord.

ALL:

In the name of Christ. Amen.

BENEDICTION: Make me a blessing

*Out in the high-ways and by-ways of life,
Many are weary and sad;
Carry the sunshine where darkness is rife,
Making the sorrowing glad.*

Chorus

*Make me a blessing, make me a blessing,
Out of my life May Jesus shine;
Make me a blessing, O Saviour, I pray,
Make me a blessing to some-one today.*

*Tell the sweet story of Christ and His love
Tell of His power to forgive,
Others will trust Him if only you prove
True, every moment you live.*

Chorus

*Make me a blessing, make me a blessing,
Out of my life May Jesus shine;
Make me a blessing, O Saviour, I pray,
Make me a blessing to some-one today.*

*If you were blessed and enjoyed our service
Tell and bring others
Help them experience God's reconciling
Love for themselves and then share it with others.*

Holy Days

Annunciation of Our Lord

This is the Christian celebration of angel Gabriel's announcement to the Virgin Mary that she would conceive the Saviour of the World. The story is recounted in Luke's gospel - Luke 1: 26-39. The observance occurs nine months before Christmas, on March 25th.

The Choir of The Church of Christ The King
Presents its
Annual Fish Fry



Saturday, 04 May, 2019

4:00 p.m.

On the picturesque lawns of the

Good Advice

Watch your thoughts, for they become words

Choose your words, for they become actions

Understand your actions, for they become habits

Study your habits, for they will become your character

Develop your character, for it will become your destiny.

SPECIAL PRAYERS

*O God merciful and compassionate, who art always
ready to hear the prayers of those who put their trust in you,
Graciously attend to us who call upon you,
And grant us your help in this our time of need,
Through Jesus Christ our Lord. Amen.*

Happy Birthday

<i>Mrs. Lisa Padmore</i>	<i>Mon</i>	<i>Mar 25</i>
<i>Miss Cathyann Prescod</i>	<i>Thurs</i>	<i>Mar 28</i>
<i>Mrs. Annette Harris</i>	<i>Sat</i>	<i>Mar 30</i>
<i>Miss Dionne Knight</i>	<i>Sat</i>	<i>Mar 30</i>

Our Prayer List

Please remember and pray for those who are travelling.
Please remember and pray for those who are in hospital:
Please remember and pray for those who are recuperating:

Please remember those who have requested the prayers of the Church:

Ena Hollingsworth, Lady Jean Ramsay, Odette Walcott-Hoyte, Margo Hamblin, Norma Douglas, Stanley Medford, Grafton Brathwaite, Cecile Isaacs, Monica Downes, Joyce Fitt, Coral Yearwood, Edlin Chandler, Joyce Clarke, Esther Hurley, Bernard Sealey, Itheil (Jimmy) Adams, Mr. & Mrs. Sylvester Jones, Seibert Scantlebury, Henderson Hinds, Elsie Clarke, Alexis Alleyne.

Please remember and pray for those who are sick & shut-in:

Ometa Allamby, Erma Babb, Eric Best, Grafton & Doreen Brathwaite, Isolene Mason, Marjorie McCollin, Marge Walke, Maureen Workman, Patricia Lorde (Snr.), Agnes Mars, Anita Skeete, Carmen Shepherd.

Please remember and pray for those who grieve:

The family of the late Gwendolyn Trotman; The family of the late Doreen Stuart; We remember all those who have died. May the Almighty God, who gave them life, take them back to himself and grant them eternal peace.

Please remember that the deadline for information to be included in the Sunday Bulletin is on Wednesday, 3:00 p.m. so this can be programmed into the Electronic Ministry System.

Calendar for the Week Ahead

MONDAY 25th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

Priest Sabbath

TUESDAY 26th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

WEDNESDAY 27th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

12:05 p.m. - **Lenten Service**

THURSDAY 28th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

6:00 p.m. - Choir Rehearsal

FRIDAY 29th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

4:30 p.m. - Friday School

7:30 p.m. - Youth Group

SATURDAY 30th March

3:00 p.m. - **Reading Club**

NEXT SUNDAY, 31st March, 2019

THIRD SUNDAY IN LENT

8:00 a.m. Sung Eucharist & Sermon

10:30 a.m. Sunday School

READINGS:

Joshua 5: 9-12 / Psalm 32 / 2 Corinthians 5: 16-21

A Word of Challenge

***faithless is he that says farewell
when the road darkens.***

J. R. R. Tolkien

LOOKING AHEAD

APRIL 2019

Wednesday 3rd 12:05 p.m. Lenten Service

**Sunday 7th 8:00 a.m. Fifth Sunday in Lent
 10:30 a.m. Sunday School**