

The Church of Christ The King

ANGLICAN DIOCESE OF BARBADOS
ROCK DUNDO PARK
ST. MICHAEL BB12006



Welcome to our New Members

Back Row: Christine Best, Heather King,, Janice Howell, Cynthia White, Donna Byer, Bernadette Maynard, Judy Chandler

Front Row: Audrey Brathwaite, Karen Thompson, Margo Hamblin, Mayfield Pile, Joan Kellman, Grace Brathwaite

Sunday, March 9, 2014

First Sunday in Lent

The Church: Transformed People In Service for God

To experience and share God's reconciling love

THE CHURCH OF CHRIST THE KING

The Anglican Diocese of Barbados
Archbishop of the Province of the West Indies, Bishop of Barbados
The Most Rev. Dr. The Hon. John W. D. Holder
RECTOR The Rev. Fr. Luther Johnson

PAROCHIAL CHURCH COUNCIL

Mrs. Sandra Yearwood-Nelson - **PCC Secretary / Church Administrator**
Mr. Trevor Ifill - **Synod Representative**
Mr. Henry Taylor - **Alternate Synod Representative**
Mrs. Esmé Bascombe - **Warden**
Mr. Wayne Hall - **Warden**
Mr. Clement Deane - **Warden Emeritus**
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Mr. Anthony Bourne - **CTK Care Ministry**
Mr. Stanley Medford - **Parish Centre Restoration**
Mrs. Nicole Pitt - **Information & Communication Tech with Congregational Development**
Mr. Aidan Rogers - **Christian Formation**
Mrs. Margaret Sobers - **Christian Fellowship & Member Relations / Diocesan Organizations**
Mrs. Jennifer Spooner - **Chair Christian Formation & Education**

Mr. John Burnett
Music Director / Organist:

Ms. Cathyann Prescod
Parish Secretary:

Ms. Quenzel Tudor
Sexton:

Ms. Joycelyn Prescod
Bulletin Coordinator

WELCOME TO EVERYONE

Please take a moment to **TURN OFF** all cell phones as the signal interferes with our sound system.

Thank you.

Our Head Usher for today is Ms. Sandy Benskin .

Worship tips and gentle reminders.

When you come into Church, remember that our Lord Jesus Christ is here. He is present and to be adored under the form of His Blessed Sacrament reserved for Holy Communion. Kneel down and worship Him. Give thanks for your blessings. Bring to Him your needs. Remember all those in distress, sorrow and pain. Pray that the dead may rest in peace. And do not forget those who minister and worship here.

ORDER OF SERVICE

WELCOME

And now as we prepare for worship, let us bow our heads and hearts before Almighty God as the choir leads us in our Preparation.

Collect for Purity: Page 101

Almighty God, to you all hearts are open, all desires known and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. **Amen.**

Opening Prayer:

Introit Hymn: CH 122

- | | |
|---|---|
| 1 O thou who dost to man accord
his highest prize, his best reward,
thou hope of all our race;
Jesus, to thee we now draw near,
our earnest supplications hear,
for all who humbly seek thy face. | with cleansèd hearts to pray aright,
and find acceptance in thy sight,
be this our lowly prayer. |
| 2 With self-accusing voice within
our conscience tells of many a sin
in thought and word and deed:
O cleanse that conscience from all stain,
the penitent restore again,
from every burthen freed. | 4 'Tis thou hast blessed this solemn fast;
so may its days by us be passed
in self control severe,
that, when our Easter morn we hail,
its mystic feast we may not fail
to keep with conscience clear. |
| 3 If thou reject us, who shall give
our fainting spirits strength to live?
'Tis thine alone to spare; | 5 O blessed Trinity, bestow,
thy pardoning grace on us below,
and shield us evermore;
until, within thy courts above,
we see thy face, and sing thy love,
and with thy saints adore. |

Opening Sentences: Page 99

Be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. *Ephesians 5:1,2*

PRESIDENT:

Blessed be God: Father, Son and Holy Spirit.

ALL

And blessed be His Kingdom, now and for ever. Amen. !

The Alleluia may be omitted during the week days of Lent.

The following may be said by the President and people:

ALL

Blessed Lord and Father, we have assembled in your name and in fellowship with one another. Enable us by your grace to offer the sacrifice of praise and thanksgiving; to proclaim and respond to your holy word. Teach us to pray for your world and your Church. Grant that we, confessing our sins, may worthily offer to you our souls and bodies as a living sacrifice and eat and drink of your spiritual food in this Holy Sacrament. Amen.

THE KYRIES

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.**

Lord God, heavenly King,

**almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:**

**have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One;
you alone are the Lord;
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

THE COLLECT: First Sunday in Lent: Page 163 BCP.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

MINISTRY OF THE WORD

1ST Lesson: Genesis 2: 4b-9, 15-17, 25-3:7

Eucharistic Minister

In the day that the LORD God made the earth and the heavens, ⁵when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; ⁶but a stream would rise from the earth, and water the whole face of the ground— ⁷then the LORD God formed man from the dust of the ground,^{*} and breathed into his nostrils the breath of life; and the man became a living being. ⁸And the LORD God planted a garden in Eden, in the east; and there he put the

man whom he had formed. ⁹Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. ¹⁵ The LORD God took the man and put him in the garden of Eden to till it and keep it. ¹⁶And the LORD God commanded the man, 'You may freely eat of every tree of the garden; ¹⁷but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.' ²⁵And the man and his wife were both naked, and were not ashamed. ³Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"?' ²The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; ³but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die."' ⁴But the serpent said to the woman, 'You will not die; ⁵for God knows that when you eat of it your eyes will be opened, and you will be like God,* knowing good and evil.' ⁶So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Psalm:

51:1-13

Page533 (BCP)

51

1. Have mercy on me, O God, according to your loving-kindness; * in your great compassion blot out my offenses.
2. Wash me through and through from my wickedness * and cleanse me from my sin.
3. For I know my transgressions, * and my sin is ever before me.
4. Against you only have I sinned * and done what is evil in your sight.
5. And so you are justified when you speak * and upright in your judgment.
6. Indeed, I have been wicked from my birth, * a sinner from my mother's womb.
7. For behold, you look for truth deep within me, * and will make me under-

stand wisdom secretly.

8. Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.
9. Make me hear of joy and gladness, * that the body you have broken may rejoice.
10. Hide your face from my sins * and blot out all my iniquities.
11. Create in me a clean heart, O God, * and renew a right spirit within me.
12. Cast me not away from your presence * and take not your holy Spirit from me.
13. Give me the joy of your saving help again * and sustain me with your bountiful Spirit.

2ND Lesson: Romans 5: 12-19 (20-21)

Mr. Aidan Rogers

¹²Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— ¹³sin was indeed in the world before the law, but sin is not reckoned when there is no law. ¹⁴Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. ¹⁵But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. ¹⁸ Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. ¹⁹For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. (²⁰But law came in, with the result that the trespass multiplied; but where sin increased, grace abounded all the more, ²¹so that, just as sin exercised dominion in death, so grace might also exercise dominion through justification* leading to eternal life through Jesus Christ our Lord.)

Gradual Hymn:

CH 117

1. Lo! Now is our accepted day,
The time for purging sins away,
The sins of thought, and deed, and word,
That we have done against the Lord.
2. For He the Merciful and True
Hath spared His people hitherto;
Not willing that the soul should die,
Though great its past iniquity.
3. Then let us all with earnest care,
And contrite fast, and tear and prayer,
And works of mercy and of love,
Entreat for pardon from above;
4. That He may all our sins efface,
Adorn us with the gifts of grace,
And join us to the angel band,
Forever in the heavenly land.
5. Blest Three in One and One in Three,
Almighty God, we pray to Thee,
That Thou wouldst now vouchsafe to
bless
Our fast with fruits of righteousness

The Gospel: Matthew 4: 1-11

After he was baptized by John. Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²He fasted for forty days and forty nights, and afterwards he was famished. ³The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' ⁴But he answered, 'It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."' ⁵Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."' ⁷Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."' ⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; ⁹and he said to him, 'All these I will give you, if you will fall down and worship me.' ¹⁰Jesus said to him, 'Away with you, Satan! for it is written, "Worship the Lord your God, and serve only him."' ¹¹Then the devil left him, and suddenly angels came and waited on him.

THE SERMON

Reflection:

Choir

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is seen or unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
one in Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he was born of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate;
he suffered, died and was buried.
On the third day he rose again
in fulfilment of the Scriptures;
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father.
With the Father and the Son
he is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic
and apostolic Church.**

**We acknowledge one baptism
for the forgiveness of sins.**

**We look for the resurrection of the dead.
and the life of the world to come.**

Amen.

The Bidding Prayer:

Intercessions: Form C (page 108)

Ms. Yolanda Clarke

LEADER

With all our heart and all our mind let us pray to the Lord, saying, "Lord, have mercy."

LEADER

For the peace from above, for the loving kindness of God, and for the salvation of our souls:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the peace and welfare of the world, for the witness and work of the Church, and for the unity of all peoples:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For our Bishops and all ministers of God's Word and Sacraments, that they may be

filled with truth and love and be found without fault at the Lord's coming:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

That with all His servants who have served Him here and are now at rest we may enter into the fullness of His unending joy:

Let us pray to the Lord.

ALL: Lord, have mercy.

Silence may be kept.

ALL

O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.

The President adds a concluding Collect.

The Act of Penitence:

Page 123

PRESIDENT

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT:

Let us therefore confess our sins.

FORM A

ALL

Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. *Amen*

OR

FORM B

Most Merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves; we have not loved ourselves as we ought. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen*.

The Absolution:

Page 123/124

PRESIDENT

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

ALL Amen.

FORM A

PRESIDENT

We are the body of Christ. By the one Spirit we were all baptized into one body, and have all been made to drink of the one Spirit.

ALL

Let us then pursue the things that make for peace and build up the common life.

Form B

PRESIDENT

If you are offering your gift at the altar, and there remember that your brother has something against you,

ALL

Leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

Form C

PRESIDENT

The Kingdom of God is justice, peace, and joy, inspired by the Holy Spirit.

ALL

They who thus serve Christ are acceptable to God and approved by others.

PRESIDENT

The peace of the Lord be always with you.

ALL And also with you.

The President and people shall greet one another in the name of the Lord

The Peace Song:

BIND US TOGETHER, Lord, Bind us together
With cords that cannot be broken.
Bind us together, Lord,
Bind us together,
Bind us together with love.

There is only one God,
There is only one King;
There is only one Body,
That is why we sing:

Bind us together Lord

Refrain
Made for the glory of God,
Purchased by His precious Son;
Born with the right to be clean,
For Jesus the victory has won.

Refrain
You are the family of God,
You are the promise divine;
You are God's chosen desire,
You are the glorious new wine.

Offertory Hymn:

CH 114

1. Forty days and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled.
2. Sunbeams scorching all the day;
Chilly dew-drops nightly shed;
Prowling beasts about Thy way;
Stones Thy pillow; earth Thy bed.
3. Shall not we Thy sorrow share
And from worldly joys abstain,
Fasting with unceasing prayer,
Glad with Thee to suffer pain?
4. And if Satan, vexing sore,
5. Flesh or spirit should assail,
Thou ,his Vanquisher before,
Grant we may not faint nor fall!
5. So shall we have peace divine:
Holier gladness ours shall be;
Round us, too, shall angels shine,
Such as ministered to Thee.
6. Keep, O keep us, Savior dear,
Ever constant by Thy side;
That with Thee we may appear
At th' eternal Eastertide..

THE EUCHARIST

The Offertory Prayer:

Page 126

B

PRESIDENT AND PEOPLE,

Father, we offer to you these gifts which you have given us; this bread, this wine,

this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

Sursum Corda: (The Lord be with you)

Page 126/127

PRESIDENT The Lord be with you.

ALL **And also with you.**

PRESIDENT Lift up your hearts.

ALL **We lift them up to the Lord.**

PRESIDENT Let us give thanks to the Lord our God.

ALL **It is right to give him thanks and praise.**

PRESIDENT

It is right, and a good and joyful thing, always and everywhere to give you thanks, Father Almighty, everlasting God:

The Proper Preface: (LENT)

Page 128

For you bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Sanctus: (Holy, Holy, Holy)

Page 131

Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL

**Holy, holy, holy, Lord,
God of power and might;
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest**

The Eucharistic Prayer C

Page 135

PRESIDENT

We give thanks to you Lord our God,
for the goodness and love you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh,
Jesus your Son.

For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.

In him, you have delivered us from evil,
and made us worthy to stand before you.

In him, you have brought us
out of error into truth,
out of sin into righteousness,
out of death into life.

On the night he was handed over

to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it and gave it to his disciples,
and said, "Take, eat:
this is my body, which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you;
this is my body of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

PRESIDENT

Therefore, Father, according to his command,

ALL

We remember his death

We proclaim his resurrection

we await his coming in glory.

PRESIDENT

And we offer our sacrifice of praise
and thanksgiving to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God, to send
your Holy Spirit upon these gifts that
they may be the sacrament of the body
of Christ and his blood of the new covenant.
Unite us to your Son in his sacrifice
that we, made acceptable in him,
may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things
in Christ, and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord, the firstborn
of all creation, the head of the Church,
and the author of our salvation.
By whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours,
almighty Father, now and ever.

ALL Amen.

The Lord's Prayer:

Page 144

PRESIDENT

As our Saviour has taught us, so we pray:

ALL

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

The Breaking of the Bread:

Page 145

PRESIDENT

We break this bread to share in the body of Christ.

ALL

Though we are many, we are one body, because we all share in one bread.

The Agnus Dei: (Lamb of God)

Page 147

**Lamb of God, you take away the sin of the world:
have mercy on us.**

**Lamb of God, you take away the sin of the world:
have mercy on us.**
**Lamb of God, you take away the sin of the world:
grant us peace.**

Invitation to Communion: Page 145/146

PRESIDENT

The Gifts of God for the People of God.

ALL

Our souls will feast and be satisfied, and we will sing glad songs of praise to Him.

The Administration of Communion:

During the singing of the Communion Hymns, we invite to the Lord's Table all those persons who are communicant members in this church and in their respective churches.

Communion Hymn: CH 455

1. My faith looks up to thee,
thou Lamb of Calvary,
Saviour divine:
now hear me while I pray;
take all my guilt away;
O let me from this day
be wholly thine.
2. May thy rich grace impart
strength to my fainting heart,
my zeal inspire.
As thou hast died for me,
O may my love to thee
pure, warm, and changeless be,
a living fire.
3. While life's dark maze I tread,
and griefs around me spread,
be thou my guide;
bid darkness turn to day,
wipe sorrow's tears away,
nor let me ever stray
from thee aside.
4. When ends life's transient dream,
when death's cold sullen stream
shall o'er me roll,
blest Saviour, then in love,
fear and distrust remove;
O bear me safe above,
a ransomed soul.

Communion Hymn: CH 424

1. Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.
2. Saviour, breathe forgiveness o'er us,
all our weakness thou dost know;
thou didst tread this earth before us,

thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

3. Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy;
thus provided, pardoned, guided,
nothing can our peace destroy.

Communion Hymn: CH 573

1. Bread of heaven, on thee we feed,
for thy flesh is meat indeed;
ever may our souls be fed
with this true and living bread;
day by day with strength supplied
through the life of him who died.

2. Vine of heaven, thy blood supplies
this blest cup of sacrifice;
Lord, thy wounds our healing give,
to thy cross we look and live:
Jesus, may we ever be
grafted, rooted, built in thee..

Communion Hymn: CH 457

1. O LOVE, how deep! How broad! How
high!
it fills the heart with ecstasy,
that God, the Son of God, should take
our mortal form for mortals' sake.
2. He sent no angel to our race
of higher or of lower place
but wore the robe of human frame
himself, and to this lost world came.
3. For us he was baptized, and bore
his holy fast, and hungered sore;
for us temptations sharp he knew;
for us the tempter overthrew.
4. For us he prayed, for us he taught,
for us his daily works he wrought,

by words, and signs, and actions, thus
still seeking not himself but us.

5. For us to wicked men betrayed,
scourged, mocked, in purple robe arrayed,
he bore the shameful cross and death;
for us at length gave up his breath.
6. For us He rose from death again,
for us he went on high to reign,
for us he sent his Spirit here
to guide, to strengthen, and to cheer.
7. To him whose boundless love has won
salvation for us through his Son
to God the Father, glory be
both now and through eternity.

During the singing of the next hymn, all children who are not confirmed are invited to the Altar for a Blessing.

Hymn for the Blessing & Recommitment:

CH 659

1. Lamb of God, I look to thee,
thou shalt my example be:
thou art gentle, meek, and mild,
thou wast once a little child.
2. Fain I would be as thou art;
give me thy obedient heart;
thou art pitiful and kind,
let me have thy loving mind.
3. Meek and lowly may I be;
thou art all humility:
let me to my betters bow,
subject to thy parents thou.
4. Let me above all fulfill
God my Heavenly Father's will;
never his good Spirit grieve,
only to his glory live.
5. Thou didst live to God alone,
thou didst never seek thine own,
thou thyself didst never please,
God was all thy happiness.
6. Loving Jesu, gentle Lamb,
in thy gracious hands I am;
make me, Saviour, what thou art;
Live thyself within my heart.
7. I shall then show forth thy praise,
serve thee all my happy days;
then the world shall always see
Christ, the Holy Child, in me.

Post Communion Prayer:

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ALL

**Almighty Father,
we thank you for feeding us
with the Body and Blood
of your Son Jesus Christ.
May we who share His Body
live His risen life;
we who drink His cup bring life to others;
we upon whom your Spirit shines give light to the world.
Help us to continue in faithful witness to your Word,
so we and all your children shall be free,
and the whole earth live to praise your Name,
through Christ our Lord. Amen.**

Or

**Eternal God and Heavenly Father,
we thank you for feeding us
with the Body and Blood of your Son Jesus Christ.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you and our fellow men
with gladness and singleness of heart,
through your Son Jesus Christ our Lord. Amen**

Or

**Almighty and everliving God,
we thank you for feeding us
with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members
of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you as faithful witnesses
of Christ our Lord.
To Him, to you, and to the Holy Spirit,
be honour and glory, now and for ever. Amen**

Final Blessing:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow Him; and the blessing ...

The Blessing of God Almighty, the Father, the Son and the Holy Spirit, be among you and remain with you always.

ALL Amen.

Additional Notices and Announcements:

Hymn of Eucharistic Thanksgiving:

CH 110

1. All ye who seek for sure relief
in trouble and distress,
whatever sorrow vex the mind,
or guilt the soul oppress.
2. Jesus, who gave himself for you
upon the Cross to die,
opens to you his sacred heart;
O to that heart draw nigh.
3. Ye hear how kindly he invites;
ye hear his words so blest;
4. "All ye that labor come to me,
and I will give you rest."
4. O Jesus, joy of saints on high,
thou hope of sinners here,
attracted by those loving words
to thee we lift our prayer.
5. Wash thou our wounds in that dear blood
which from thy heart doth flow;
a new and contrite heart on all
who cry to thee bestow.

DISMISSAL AND BENEDICTION

*Out in the high-ways and by-ways of life,
Many are weary and sad;
Carry the sunshine where darkness is rife,
Making the sorrowing glad.*

Chorus

*Make me a blessing, make me a blessing,
Out of my life May Jesus shine;
Make me a blessing, O Saviour, I pray,*

*Make me a blessing to someone today.
Tell the sweet story of Christ and His love
Tell of His power to forgive,
Others will trust Him if only you prove
True, every moment you live.*

Chorus

The Saints

Gregory of Nyssa: Gregory was the Bishop of Nyssa from 372 to 376 and from 378 until his death. He was the younger brother of St. Basil of Caesarea and close friend of St. Gregory Nazianzus. While, not as influential as the other two, Gregory of Nyssa has made significant contributions to the doctrine of the Trinity and the Nicene Creed. St. Gregory is commemorated on March 9th.

Gregory the Great: Pope Gregory I, better known as Gregory the Great, was pope from September 3, 590 until his death on March 12th 604. St. Gregory is well known for his writings, which were more prolific than any of his predecessors. Throughout the Middle Ages he was known as “the Father of Christian Worship” for his efforts in revising the worship of his day. So exceptional was this effort that popular legends often credit him with the invention of the form of chant that bears his name – the Gregorian chant. Gregory the Great is commemorated on March 12th.

Lent

This is a season of prayer, fasting and penitence in preparation for Easter. Historically, Lent was the time when persons were prepared for baptism at the Easter Vigil.

The season begins on Ash Wednesday and lasts for forty (40) days. It invites us to reflect on our Christian journey to date and consider the disciplines that we need to become whole. It is a time of deep soul searching and repentance. This should all lead to a renewal or rebirth of our spiritual lives.

Let us use this Lenten season as the preparation to celebrate God's awesome redemption at Easter and the resurrected life that we live and hope for as Christians.

Things in our Church

The Altar Lights: These are the two candles that sit on the altar. They represent the human and divine natures of Christ. Altar lights may also be called *Eucharistic lights*, *Sacramental lights* or *Gospel lights*. The base of the altar candlesticks may be hexagonal in shape, representing the six attributes of God: power, wisdom, majesty, love, mercy and justice.

Colours of the Season

If you look around the church, you will notice that the colour for the season of Lent is Purple. Purple is the colour of mourning. During this season we reflect on the pain and suffering endured by our Saviour to atone for our sins. Look around the church, at the Altar frontal, the Priests and the Eucharistic minister's vestments and the choir scarf's. They are all Purple.

Our Prayer List

Please remember and pray for those who are travelling.

Please remember and pray for those who are in hospital: Joyce Babb

Please remember and pray for those who are recuperating: Grafton Brathwaite, Juliette Clarke

Please remember those who have requested the prayers of the Church:

Inez Carter, Clevedon Mayers, Jean Lady Ramsey, Claudina (Vashti) Hunte, Adele Lewis, Cynthia Clarke, Elma Hood, Evelyn Reid, Elsie Clarke, Isolene Mason, Rudolph Gill, Cedric McCarthy, Daniel Watson, Warren Conliff, Elaine Springer, Alexis Alleyne, and Edlin Chandler.

Please remember and pray for those who are sick & shut-in:

Ometa Allamby, Erma Babb, Joyce Babb, Eric Best, Marjorie Bonnett, Grafton & Doreen Brathwaite, Isolene Mason, Isolene Maloney, Marjorie McCollin, Marge Walke, Tony Whittaker, Maureen Workman, Evelyn Reid.

Please remember and pray for those who grieve:

The Bascombe family on the death of Mrs. Esmé Bascombe; The Jemmott family on the death of Ms. Arlene Jemmott; Mrs. Sandra Yearwood-Nelson on the death of her mother-in-law. We remember all those who have died. May the Almighty God, who gave them life, take them back to himself and grant them eternal peace.

PLEASE NOTE

It would be appreciated if the Church Office could be notified or the information entered into Fr. Jay's blue book when parishioners return from travelling, or when they have returned to health and should be removed from the sick list. If you wish to be remembered in our prayers, but do not wish to have the information published in the bulletin, please so indicate.

PARISH NOTICE

Bereavement & Support Group

The next meeting of the group is scheduled for Monday, March 17, 2014 at 6:00 p.m. The group's planned activity for this meeting is a Lecture and Discussion on the topic "Ageing". Presenter Dr. Ambrose Ramsay. **An invitation is extended to the entire Parish Family to join this lecture.**

Calendar for the Week Ahead

MONDAY 10th March

Priest's Sabbath

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

5:30 p.m. Church Army

TUESDAY 11th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

5:00 p.m. - Line Dancing Eden Lodge

WEDNESDAY 12th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

12:05 - Midweek Mass

THURSDAY 13th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

FRIDAY 14th March

6:00 a.m. - 7:30 a.m. Children's Breakfast Prog.

4:30 p.m. - Friday School

6:00 p.m. - Choir Rehearsals

SATURDAY 15th March

3:00 p.m. - Reading Club

WEDNESDAY – MARCH 12TH, 2014 - **MID-WEEK MASS**

Readings: 2 Samuel 24: 2, 9-17 Psalm 32: 1-8 Mark 6: 1-6

NEXT SUNDAY, MARCH 16, 2014

SECOND SUNDAY IN LENT - YEAR A

8:00 a.m. - Sung Eucharist & Sermon 10:30 a.m. - Sunday School

READINGS

Genesis 24: 12 1-8 / Psalm 33 / Romans 4: 1-17 / Gospel: John 3: 1-17

A Word of Challenge

Christian penitence is something more than a thought or an emotion or a tear; it is action.

William Adams

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